



Unless otherwise indicated, round trip distances indicate the route up and down the same trail. Many trails, however, can be combined to make loops and longer routes. For more details, refer to a map, guidebook, or park ranger.

TRAIL		DESCRIPTION	BEGIN AND END AT parking areas on Park Loop Road unless otherwise indicated	ROUND TRIP DISTANCE	
VERY EASY (smooth path over level ground)					
Ocean Trail	Sand beach to sea cliffs	Sand Beach or Otter Point Parking Areas		3.0 miles	4.8 km
Jordan Pond Nature Trail (self-guiding brochure available)	Forest	Jordan Pond Parking Area		1.0 mile loop	1.6 km loop
Cadillac Summit (paved)	Panoramic views of Frenchman Bay	Cadillac Summit Parking Area		0 .3 mile loop	0.5 km loop
Wonderland	Forest to rocky shoreline	1 mile south of Seawall Campground (Route 102A)		1.4 miles	2.2 km
Bar Harbor Shore Path	Harbor and island views	Town Pier in Bar Harbor		1.0 mile	1.6 km
EASY (uneven ground but fairly level)					
Bar Island (accessible 1 1/2 hours either side of low tide)	Sand bar to forested island	Bridge Street off West Street in Bar Harbor		Varies	
Most Carriage Roads: Check with staff on specific routes.	Varied	Access at Jordan Pond, Bubble Pond, Eagle Lake, Brown Mountain Gatehouse, visitor center, or Parkman Mountain		Varies	
Ship Harbor Nature Trail (self-guiding brochure available)	Forest to rocky shoreline	Ship Harbor Parking Area (Route 102A)		1.3 mile loop	2.1 km loop
MODERATE (some steep grades, some level stretches)					
Cadillac Mountain North Ridge Trail	Open ascent, Bar Harbor views	North Ridge Cadillac Parking Area		4.4 miles	7.0 km
Great Head Trail	Sea cliffs	Eastern edge of Sand Beach		1.4 mile loop	2.2 km loop
Gorham Mountain Trail	Forest opening to granite ascent	Gorham Mountain Parking Area		1.8 miles	2.9 km
Bubble Rock Trail	Forest with occasional views, Jordan Pond views	Bubble Rock Parking Area	North Bubble South Bubble	1.0 mile 1.0 mile	1.6 km 1.6 km
Beech Mountain Trail	Vista of Long Pond on the NW route	Follow signs from Somesville to Beech Mountain		1.2 miles	1.9 km
Bowl Trail	Forest to granite ledges and pond	100 feet north of Sand Beach Parking Area		1.4 miles	2.2 km
Champlain Mountain (Bear Brook Trail)	Pine slope, vistas of Frenchman Bay	Bear Brook Parking Area, 400 feet beyond Beaver Dam Pond		2.2 miles	3.5 km
Jordan Pond Shore Trail	Follows water’s edge, rocky sections	Jordan Pond Parking Area (Not the restaurant parking area)		3.3 mile loop	5.3 km loop
STRENUOUS (steep grades, many steady climbs)					
Beehive Trail (iron rungs on ledges)	Woods to exposed cliffs	100 feet north of Sand Beach Parking Area		0.8 miles	1.3 km
Cadillac Mountain South Ridge Trail	Forest opening to gentle granite ascent	100 feet south of Blackwoods Campground entrance (Route 3)		7.4 miles	11.8 km
Champlain Mountain (Beachcroft Trail)	Rocky open slopes	North end of The Tarn (Route 3)		2.4 miles	3.8 km
Precipice Trail (iron rungs and ladders, very steep )	Exposed cliffs and ledges	Precipice Parking Area		1.6 miles	2.6 km
Pemetic Mountain Trail	Forest to ocean and lake views	Bubble Pond Parking Area		2.4 miles	3.8 km
Acadia Mountain Trail (return via fire road)	Views of Somes Sound, steep descent to fire road	Acadia Mountain Parking Area (Route 102)		2.5 miles	4.0 km
Norumbega Mountain (Goat Trail)	Steep ascent, wooded summit	North of Upper Hadlock Pond (Route 198)		1.0 mile	1.6 km
Mansell Mountain (Perpendicular Trail)	Rocky staircase with Long Pond views	South end of Long Pond (near Southwest Harbor)		2.0 miles	3.2 km
Dorr Mountain (Canon Brook to Murray Young Path to Dorr Summit)	Forest to steep granite ascent	Canon Brook Parking Area (Route 3)		4.8 miles	7.7 km

- Fires are not permitted on trails.
- There is no backcountry camping in Acadia National Park
- Bikes are not allowed on hiking trails.